

Rainforest Symphony - Dawn Jungle Trek (FT-02)

The Dawn Jungle Trek is offered every day on a regular basis, for two guests or more.



You should bring: hiking boots, sun block, a hat or a cap

How long: departure at 7am, 2-3 hours or as long as you are enjoying yourselves

Includes: local guide, coffee, mineral water⁴

Limitations: the tour can be taken only in the dry season, from November to April

It's your time to shine if you're a bird watcher or early riser!

Enjoy firsthand the sights and sounds of the jungle as you venture forth into the undergrowth with your camera and experience the beauty of one of the world's largest rainforests.

This trek offers a taste of the true jungle, an opportunity to observe small wildlife and have the added bonus of a morning exercise.



It provides a sense of achievement and the chance to cool off in beautiful surroundings.

After an early coffee in our restaurant kayak upstream the small channel right behind 4 Rivers. The climb starts shortly after on a fairly steep path for about an hour. There is a short break in a clearing near the top and you will return just in time for a 4 Rivers breakfast.

There are snakes, scorpions and spiders on the trek; some are poisonous. However animals are shy and avoid human contact. Respect for nature and a live and let live policy are adopted.

